

The Jewish Day

6:00	A.M.	Sunrise	{ End of 4th watch	6:00	{ Sunset Beginning of 1st watch
7:00		1st hour		7:00	
8:00		2nd hour		8:00	
9:00		3rd hour		9:00	{ End of 1st watch Beginning of 2nd watch
10:00		4th hour		10:00	
11:00		5th hour		11:00	
12:00	Noon	6th hour		12:00	{ Midnight Beginning of 3rd watch
1:00	P.M.	7th hour		1:00	A.M.
2:00		8th hour		2:00	
3:00		9th hour		3:00	{ End of 1st watch Beginning of 2nd watch
4:00		10th hour		4:00	
5:00		11th hour		5:00	

Behold, I will bring the shadow on the sundial, which has gone down with the sun on the sundial of Ahaz, ten degrees backward. So the sun returned ten degrees on the dial by which it had gone down.

Isaiah 38:8

